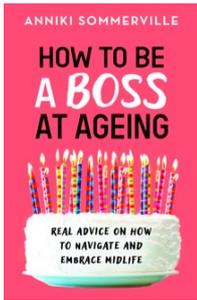
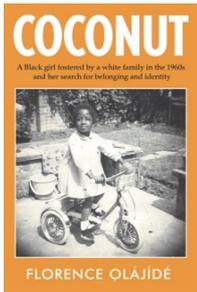


## Thread: Upcoming titles



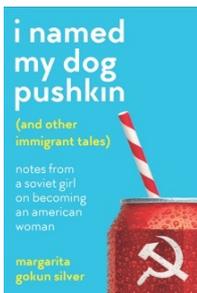
**How to Be a Boss at Ageing by Anniki Somerville**  
eBook ISBN: 9781800195165  
Publication date: 31/03/2021  
For fans of: Ruby Wax, Nora Ephron, Caitlin Moran

Funny, honest, and packed with advice, this is a must-read for any woman experiencing – and not particularly relishing – the effects of ageing. Anniki Somerville shares her own experiences with those of other women as well as advice from experts – Sali Hughes, Cariad Lloyd, Meg Mathews, Emma Gannon and Dr Karen Gurney among others – to help you navigate this journey.



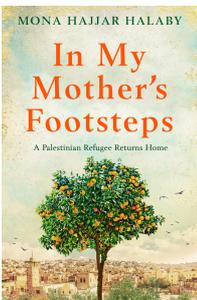
**Coconut by Florence Olajide**  
eBook ISBN: 9781800194656  
Publication date: 13/07/2021  
For fans of: Lemn Sissay, Tara Westover

A generation of Nigerian children were born in Britain in the fifties and sixties, privately fostered by white families, then taken to Nigeria by their parents. *Coconut* is the story of one of those children, an unputdownable tale of loss and loneliness, surviving poverty, maltreatment and fighting to get an education but most of all, it's a moving, uplifting and inspiring account of one woman's self-determination to discover who she is and find her way to a place she can call home.



**I Named My Dog Pushkin (And Other Immigrant Tales) by Margarita Gokun Silver**  
eBook ISBN: 9781800195349  
Publication date: 29/07/2021  
For fans of: Samantha Irby, Jenny Lawson, David Sedaris

Fake an exit visa, fool the Soviet authorities, buy a one-way Aeroflot ticket, and the rest will sort itself out. That was every Soviet-Jewish immigrant's plan in the 1980s, Margarita's included. In this a collection of voicy, humorous essays – in the style of Samantha Irby and Jenny Lawson – Margarita writes about her experience, and how she learnt to grow as both a woman and an immigrant in a world that doesn't often appreciate either.



**In My Mother's Footsteps by Mona Hajar Halaby**  
eBook ISBN: 9781800196117  
Publication date: 05/08/2021  
For fans of: Christy Lefteri, Khaled Hosseini

When Mona moved from California to teach in a school in Ramallah for a year, she kept a journal. She wrote her impressions of her homeland, a place she had only experienced through her mother's memories. Mona also embarks on a personal pilgrimage to find her mother's home in Jerusalem. *In My Mother's Footsteps* is a moving and heart-rendering journey of a daughter discovering her roots and recovering her mother's beloved past, and an intimate and tender account of daily life for Palestinians.



**Small Days by Sharon Maas**  
Publication date: 20/08/2021  
For fans of: Deborah Orr, Lemn Sissay

In this memoir, by one of Bookouture's bestselling fiction authors, Sharon shares her incredible story of growing up in Guyana in the fifties before going off to a boarding school in England where she was the only dark-skinned girl. Covering her childhood freedom in Guyana against the backdrop of institutionalised racism, with parents who were prominent political activists, through to her time at school in England, Sharon's experience is one that we don't often get to read about.



**Through the Gate by Ellen Green**  
Publication date: 07/01/2022  
For fans of: Erik Larson, Michelle McNamara

In 1949, twenty-eight-year-old Howard Barton Unruh shot thirteen people in less than twelve minutes on his block in East Camden, New Jersey, in what was to become the first recorded mass shooting in the United States. With access to newly released police reports, eyewitness accounts and extensive interviews with the family of Raymond Haven who knew the killer and witnessed the unfolding tragedy first-hand, this is a fascinating account of a terrifying historical event that until now has been largely forgotten.

## Thread: Published titles



**Everything I've Learned about Motherhood (From My Single-Parent Dad) by Zeena Moolla**

**eBook ISBN: 9781800194229**

**Publication date: 24/02/2021**

**For fans of: Candice Brathwaite, Caitlin Moran, Laura Belbin**

With top tips for surviving sleep deprivation (spoiler alert: embrace a cantankerous mood and don't buy crap coffee) to dealing with judgy idiots, getting to grips with shitty mum-guilt and returning to work, Zeena will show you that motherhood won't just get better, it'll be incredible. Laugh-out-loud funny, honest, tender and packed with real-life advice – this is essential reading for every new mother not cherishing every moment, feeling like a misfit or simply finding this parenting lark all too much.



**100 Ways to be Kind by Theresa Cheung**

**eBook ISBN: 9781800190900**

**Publication date: 11/09/2020**

**For fans of: Brené Brown and Susan Cain**

Acts of everyday kindness can boost your mood and immunity, lower blood pressure, ease anxiety, slow the ageing process, improve the quality of your relationships (including the one you have with yourself) and give you a sense of deep meaning and purpose. *100 Ways to be Kind* is a road map of practical, simple and immediately actionable ways to be kind including how to be kinder to yourself, to others and to nature.



**The Sensitive Soul by Theresa Cheung**

**eBook ISBN: 9781838885137**

**Publication date: 15/05/2020**

**For fans of: Brené Brown and Susan Cain**

Based on strategies proven to be effective by scientists and psychologists, combined with her own research including real stories, Theresa Cheung will show you how to unlock the potential of your sensitivity. She'll guide you through the steps that will transform the challenges of being a gentle person into a strength and shine a light on how traits such as empathy, intuition, creativity and compassion have the power to unite us.